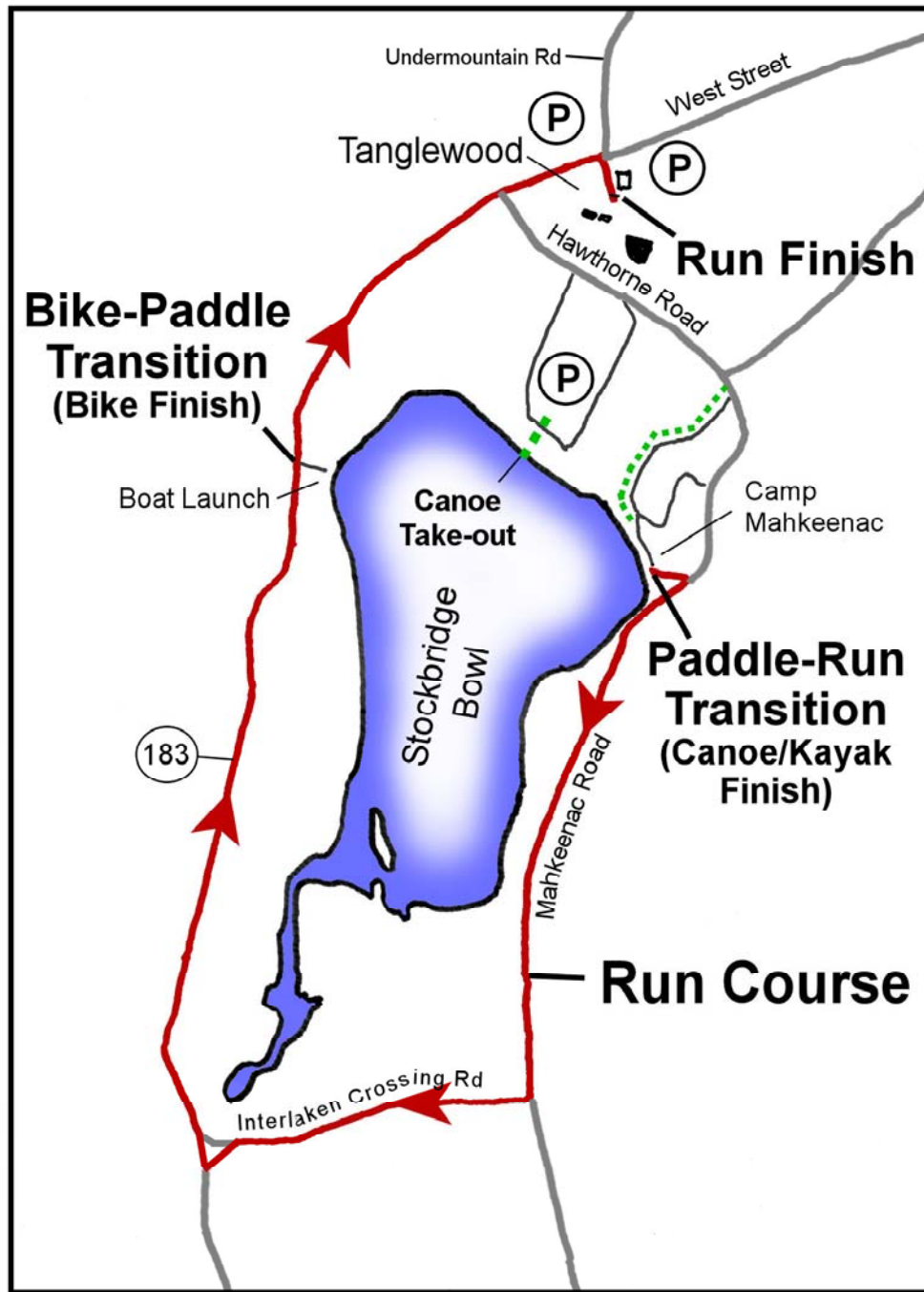


JOSH BILLINGS RUNAGROUND

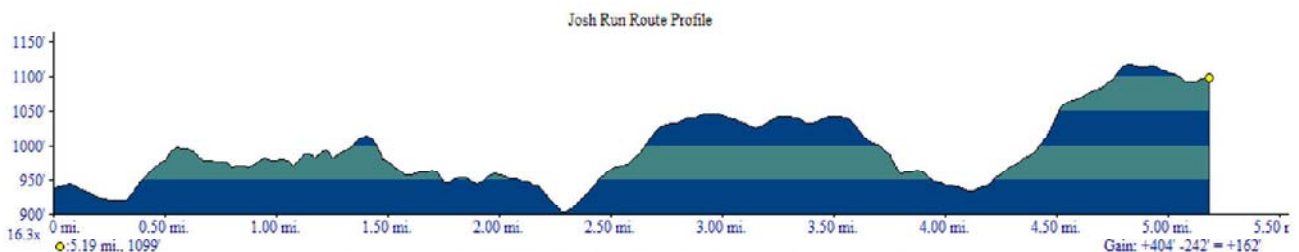
Bike, Canoe or Kayak, Run Triathlon



Run Leg

Start with hand-off from paddler at Camp Mah-
Kee-Nac. Run through
designated lane (Oak
St.) to RIGHT turn onto
Mahkeenac Rd. Follow
road to RIGHT turn onto
Interlaken Crossing Rd.

Just before the end of
Interlaken Crossing Rd.
turn LEFT at triangle and
go up the hill past IS183
and then back down to
Rt. 183. Turn RIGHT on
183 and follow 183 all the
way up to Tanglewood
turning RIGHT the
main entrance to the finish
line (about 150 yards).



Profile created with TOPO!® ©2002 National Geographic (www.nationalgeographic.com/topo)